

**S.D PUBLIC SCHOOL, PITAMPURA, NEW DELHI**  
**ACADEMIC PLANNER SESSION 2023-24**  
**CLASS- V**  
**SUBJECT- PEACE**

MONTH	TOPIC	VALUE	ACTIVITY/PEDAGOGY
APRIL	L-1 MEDITATION	BENEFITS OF MEDITATION	INTERVIEWING PEOPLE
MAY	L-2- INTROSPECTION	SELF OBSERVATION	INTROSPECTION JOURNAL
JULY	L-3- NON- VIOLENCE	PRACTICE NON-VIOLENCE	POEM RECITATION
AUGUST	L-4- TRUTHFULNESS L-5- HUMILITY	BEING TRUE TO YOURSELF BEING HUMBLE	LISTING GOOD AND BAD HABITS LISTING THOUGHTS AND WORDS OF A HUMBLE AND A PROUD PERSON
SEPTEMBER (1-15) (11 days)	REVISION OF HALF YEARLY EXAM		
SEPTEMBER (16-30) (12 days)	HALF YEARLY EXAM		
OCTOBER	L-6- LOVE FOR ALL AND LOVE FOR GOD	WORKING TOGETHER IN HARMONY	CHARTING WAYS TO OFFER KINDNESS
NOVEMBER	L-7- SELFLESS SERVICE L-8 PLANT-BASED DIET	BEING HELPFUL HEALTHY FOOD HEALTHY LIVING	MIME TIME RESEARCH ON FRUIT / VEGETABLE FACT
DECEMBER	L-9- PERSONAL GOAL SETTING L-10- KEY PRINCIPLES OF SPIRITUALITY	SETTING AND TRACKING GOALS EFFORT AND GRACE, PATIENCE AND PERSEVERANCE	PARAGRAPH WRITING ON A FAMOUS PERSONALITY QUIZ TIME (FROM THE STORY)
JANUARY (15-31) (13 days)	L-11- ROLE OF A SPIRITUAL MASTER L-12- LIVING A SPIRITUAL LIFE IN THE MODERN WORLD	CONNECTING WITH THE SPIRITUAL MASTER STICKING TO SPIRITUAL PRINCIPLES IN DAILY LIFE SITUATIONS	STUDYING THE LIFE OF A SPIRITUAL MASTER FORM CHILDHOOD LISTING IDEAS FOR CLASS COMMUNITY PROJECT
FEBRUARY (1-15) (12 days)	L-13- CONFLICT RESOLUTION	PEACE LIGHTS THE WAY	CELEBRATING A 'FRIENDLY DAY'